



The Hendreds Primary School
Ford Lane
East Hendred
Wantage
Oxfordshire
OX12 8JX
tel: (01235) 833379

e-mail: office.3250@hendreds.oxon.sch.uk
Website: www.hendreds.oxon.sch.uk

Headteacher: Lisa Rees

LR/DB4349

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Nut allergies

Dear Parents and Carers,

As the number of children with allergies increases each year in schools, we are always reviewing how to keep the children in our school community safe. Our lunch provider work closely with us to ensure that certain foods are not served or even cooked in school.

We need your support with what you might include in lunch boxes, playground snacks (this should only be fruit or vegetable) and bake sales. This means that, whilst on the school grounds, you must not provide any snacks containing nuts when you pick your child(ren) up from school. For this same reason, we ask that children do not share their snacks.

Please be aware that there are many foods that can also surprisingly contain nuts e.g. pesto, cereal bars, chocolate spreads. (See some examples below.) If unsure, you should check labels before sending/ bringing food into school. You can help prevent a life-threatening situation for a child at school.



We appreciate your support with this.

Best wishes

Mrs L Rees